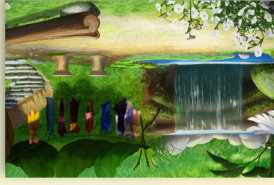


PIXIE HOLLOW GAMES FAIRY FITNESS GUIDE

The Fairies in Pixie Hollow train all year to make sure they are in flitterific shape when the Pixie Hollow Games come around. You and your Mainland pixie pals can stay in tiptop games-ready shape too! Print out this helpful guide and start training today with Fairy-themed games and activities.



READ THE DISCLAIMER BELOW BEFORE STARTING YOUR TRAINING

Make sure to get your parent's permission before you play. Play should take place somewhere safe, like a grass park or field or a street or driveway. For example, dodgeball-type activities should not involve hitting in the head; games with bikes and scooters should include helmets; pool games should always include a life-guard or parent supervision; tag and flag football-type games should not involve tackling.

The Walt Disney Company and its affiliated and subsidiary companies are not responsible for any accident or injury associated with participation with the Disney Fairies Flitterific Games. It is important that all supervisors exercise good judgment and contact appropriate personnel promptly in the event of an emergency. Play safely!



PIXIE HOLLOW GAMES INSTRUCTIONS

Use the template below for your Exer-"Dice" training:



- 1 Print out the guide and read the disclaimer
- 2 Cut and fold along the lines designated below:



- 3 Collect all 12 of the fairy talent training guides!



PIXIE HOLLOW GAMES FLITTERIFIC FITNESS GUIDE



OFFICIAL DISNEY FAIRIES
FAIRY-TALENT
TRAINING





- 1 Pick a spot to be the Pixie Dust Tree (base/safe zone)
- 2 Pick one player to be Queen Clarion (it/finder)
- 3 The Queen waits at the tree, closes her eyes, and counts to sixty while the other fairies hide
- 4 The Queen uses a flashlight and tries to find the hiding fairies
- 5 The fairies can move around during the game. If they are able to sneak back to the Pixie Dust Tree (base) without getting caught, they can safely await the next game
- 6 If the Queen spots a fairy, she shines her flashlight on them and calls out the fairy's name; then they must go back to the Pixie Dust Tree and wait for the rest of the fairies to be spotted
- 7 Don't be the last fairy to reach the Pixie Dust Tree! When all fairies are caught, pick a player to be the next Queen.

HOW TO PLAY QUEEN CLARION'S CHASE



QUEEN CLARION'S CHASE



OFFICIAL DISNEY FAIRIES
LIGHT-TALENT
TRAINING



- 1 Pick one pixie to be the Fairy Traffic Director
- 2 The Fairy Traffic Director should stand at the other end of a room or field opposite the rest of the pixies
- 3 The Fairy Traffic Director turns their back to the other pixies and calls out "Green Light" which means the pixies run as fast as they can towards the Director
- 4 At any time, the Director can call, "Red Light" and all the pixies have to stop their flutters in mid-flight. If any pixie flutters after a red light is called, they must go back to the starting line
- 5 "Yellow Lights" can be added to the mix and mean that a pixie must walk, not run, towards the Director
- 6 Whoever makes it to the Director first gets to light the way and direct pixie traffic in the next round!

HOW TO PLAY RAINBOW GO!



RAINBOW GO!



OFFICIAL DISNEY FAIRIES
LIGHT-TALENT
TRAINING

