

REACH FOR THE STARS

ASTRONAUT PAPIER-MÂCHÉ HELMET

WHAT YOU NEED:

- Medium-size balloon
- Newspaper or white office paper
- Wallpaper glue (or flour and water – 1 part flour to 2 parts water)
- Application brush
- White paint (if using newspaper)
- Scissors & markers (or paints) for decals
- Tray for glue mix

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STEP 1

Blow up your balloon and find a small bucket or plant pot to sit it in. Cut newspaper (or office paper) into long strips. With the application brush, coat each paper strip with glue one strip at a time and paste onto the balloon. Once one layer is done, have your child add a light coat of glue over the paper to add strength. Let dry 4 hours. Repeat 3-4 times (to create 4-5 layers).



STEP 2

Once the final layer is dry, pop the balloon and remove it from the interior of the helmet. You now have a solid shell for your Astronaut Papier-Mâché Helmet. Cut the bottom of the helmet opening to fit your little astronaut's head. Then cut an opening for the face.

STEP 3

Decorate any way your little astronaut desires. They might need some help with this if you want it to look NASA-authentic.



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