

VEGGIE FOIL PAGK



INGREDIENTS

- 8 Baby Yellow Potatoes, sliced 2 Carrots, sliced 1 Yellow Onion, sliced
- 1 cup of Green Beans, cut into 1-inch pieces Avocado Oil Spray
 Salt and Pepper to taste Nori Sesame Seed Rice Seasoning (Furikake) to garnish

INSTRUCTIONS

Evenly distribute ingredients among 4 pieces of foil approximately 12" x 12", putting them in the center. Spray with avocado oil spray and season with salt and pepper. Fold by aligning the edges and then fold those edges over creating a pouch. Grill for 20 minutes over medium heat. Carefully open and top with nori rice seasoning. Serve and enjoy!