

How Do You Princess? · The Courage & Kindness Club Presents

MOANA'S OCEAN IN A BOTTLE



You will need:



Let's get started!

STEP 1

Let's make the ocean! Pour two cups of water into the clear glass jar. Add in a few drops of blue and green food coloring until the water looks like ocean water. Get an adult to help if you have any trouble.



STEP 2

Place a few animal figurines at the bottom. Your ocean has an ecosystem with different creatures who call it home! Now add in a spoonful of cooking oil to mimic the ocean's waves. Close the jar, shake and watch your ocean come to life.



STEP 3

Open the jar and drop in a few spoonfuls of coffee grounds to your ocean. These grounds represent pollution humans add to our oceans. Close the jar and shake. Does the water look any different? Do the animals look happy in the murky water? Add more coffee grounds and see how that changes the ocean you created.



STEP 4

Take a moment to think about how the pollution affected the water in the jar. Our oceans and their wildlife are similar. Pollution isn't good but it is something we can change.



As the chief's daughter, Moana knows community is important.

STEP 5

Help Moana keep the oceans clean. Visit our website to see some ocean conservation tips!



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MOANA'S MINI ISLANDS



You will need:



Let's get started!



STEP 1

With an adult's help, gently place a layer of pebbles in the bottom of a jar.



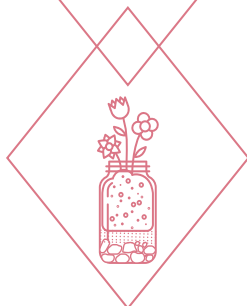
STEP 2

Great job! Now, spoon a smaller layer of activated charcoal above the pebbles. You'll want this layer to about half the size of the pebble layer.



STEP 3

Add a big layer of potting soil on top of the charcoal layer. This layer should be the biggest of the three.



STEP 4

Place your plants, or seeds, in the soil. Carefully bury them near the top.



STEP 5

Awesome! Spray the inside of your jar with water. Make sure to keep your mini island wet enough that the soil is damp but not soaked.



STEP 6

You did it! Be sure to check back each day as your mini island grows and grows.

Be sure to join the Courage & Kindness Club in their next adventure as they continue to learn the courage & kindness it takes to be a princess.

As the chief's daughter, Moana knows community is important.

